

PENNSYLVANIA

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Adult & Professional Books Featuring People with Disabilities

These titles are purchased through a grant from the Child Development Foundation in Norristown, PA. We thank them for their support of the project “Mirrors and Windows for Children, Parents, & Teachers,” which aims to increase our collection of books representing youth and family members with disabilities.

Check out these books from any MontCo Public Library!

Title	Author(s)	Topic(s)
A Face for Picasso: Coming of Age with Crouzon Syndrome	Henley, Ariel	Crouzon Syndrome
All about ADHD: A Family Resource for Helping Your Child Succeed with ADHD (3RD ed.)	Phelan, Thomas	ADHD
Autism Spectrum Disorder: What Every Parent Needs to Know (2nd ed.)	Rosenblatt MD, Alan I. & Paul S. Carbone MD	Autism spectrum
Born Extraordinary: Empowering Children with Differences and Disabilities	Meg Zucker	Multiple Disabilities
Calming Your Anxious Child: Words to Say and Things to Do	Trainor, Kathleen	Anxiety
Differently Wired: Raising an Exceptional Child in a Conventional World	Reber, Deborah	Neurodiverse
Disability Visibility	edited by Wong, Alice	Activism
Fearlessly Different	Mickey Rowe	Autism spectrum
Freeing Your Child from Anxiety: Practical Strategies to Overcome Fears, Worries, and Phobias and Be Prepared for Life--From Toddlers to Teens (Revised	Chansky, Tamar E. , PhD	Anxiety
Getting Ahead of ADHD: What Next-Generation Science Says about Treatments That Work--And How You Can Make Them Work for Your Child	Nigg, Joel	ADHD
Haben: The Deafblind Woman Who Conquered Harvard Law	Girma, Haben	Deafblind

Title	Author(s)	Topic(s)
No Excuses: Growing Up Deaf and Achieving My Super Bowl Dreams	Coleman, Derrick, Jr./ Brotherton, Marcus	Deafness
Raising Jess: A Story of Hope	Rubin, Vickie	
Sitting Pretty: The View from My Ordinary Resilient Disabled Body	Taussig, Rebekah	Wheelchair
The Pretty One: On Life, Pop Culture, Disability, and Other Reasons to Fall in Love with Me	Brown, Keah	Activism, Cerebral Palsy
The Silent Garden: A Parent's Guide to Raising a Deaf Child (3RD ed.)	Ogden, Paul W.	Deafness
The Un-Prescription for Autism: A Natural Approach for a Calmer, Happier, and More Focused Child	Lintala, Janet	Autism spectrum
This Boy We Made: A Memoir of Motherhood, Genetics, and Facing the Unknown	Harris, Taylor	
Trauma-Responsive Strategies for Early Childhood	Statman-Weir, Katie & Rashelle Hibbard	Mental health
Uncommon Voyage: Parenting Children with Special Needs - A Guidebook	Kramer, Laura Shapiro	Multiple disabilities
Underestimated: An Autism Miracle	Handley, J. B./ Handley, Jamison	Autism spectrum
Understanding Teenage Anxiety: A Parent's Guide to Improving Your Teen's Mental Health	Browne, Jennifer & Cody Buchanan	Mental health
We're Not Broken: Changing the Autism Conversation	Garcia, Eric	Autism spectrum
What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life	Saline, Sharon & Laura Markham	ADHD
Yoga and Mindfulness for Young Children	Heil, Maureen & Ilene S. Rosen	Mental health

*Not all titles will be available in every library building, but are easily ordered from another MontCo Library.