

PENNSYLVANIA

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Teen Books Featuring People with Disabilities

These titles are purchased through a grant from the Child Development Foundation in Norristown, PA. We thank them for their support of the project “Mirrors and Windows for Children, Parents, & Teachers,” which aims to increase our collection of books representing youth and family members with disabilities.

Check out these books from any MontCo Public Library!

Title	Author(s)	Topic(s)
A Quiet Kind of Thunder	Barnard, Sara	Anxiety, Deafness
A Time to Dance	Venkatraman, Padma	Limb difference, amputee
Beneath the Surface: A Teen's Guide to Reaching Out when Your or Your Friend is in Crisis	Hugstad, Kristi	Mental health
Braced	Gerber, Alyson	Spine abnormalities
Breathe and Count Back From Ten	Natalia Sylvester	Dysplasia
Continuum	Man, Chella	Deaf, Transgender
Currents	Scott, Jeremy Scott	Various
Cursed	Silverstein, Karol Ruth	Rheumatoid Arthritis
Demystifying Disability: What to Know, What to Say, and How to Be an Ally	Ladau, Emily	Multiple disabilities
Destroy All Monsters	Miller, Sam J.	Mental illness
Diary of a Dyslexic School Kid	Winton, Alais & Zac Millard	Dyslexia
Extraordinaries, The	Klune, T. J.	ADHD
Give Me a Sign	Anna Sortino	Deafness
How it Feels to Float	Fox, Helena	Depression
How We Roll	Friend, Natasha	Wheelchair, Alopecia
It's My Life	Ramey, Stacie	Cerebral Palsy
Just Breathe	McGovern, Cammie	Cystic Fibrosis, Depression
Kids Like Us	Rayl, Hilary	Autism spectrum
Lake Lore	Anna-Marie McLemore	Dyslexia
Last Bus to Everland	Cameron, Sophie	Agoraphobia
Love From A to Z	Ali, S. K.	Multiple Sclerosis

Maybe We're Electric	Emmich, Val	Limb difference
No Barriers: A Blind Man's Journey to Kayak the Grand Canyon	Weihenmayer, Erik/ Levy, Buddy	Blindness
One Way or Another	McDowell, Kara	Anxiety
Queens of Geek	Wilde, Jenn	Autism spectrum
Rainbow in the Dark	McGinty, Sean	Mental Health
Rolling Warrior: The Incredible, Sometimes Awkward, True Story of a Rebel Girl on Wheels Who Helped Spark a Revolution	Heumann, Judith/ Joiner, Kristen	Paralysis
Rosie Loves Jack	Mel Darbon	Down Syndrome
Rosie Loves Jack	Darbon, Mel	Down Syndrome
Running Full Tilt	Currinder, Michael	Autism spectrum (sibling)
Stars in their Eyes	Jessica Walton	Amputee
Strings	Scott, Jeremy	Various
Summer of Impossibilities	Rachel, Allen	Juvenile Arthritis
Taxonomy of Love	Allen, Rachael	Tourette Syndrome
The Ables	Scott, Jeremy	Various
The Disability Experience: Working Toward Belonging	Leavitt, Hannalora/ Wuthrich, Belle	Multiple disabilities
The Oracle Code	Nijkamp, Marieke	Wheelchair
The Reckless Kind	Heath, Carly	Hearing impaired
The Sea is Salt and So Am I	Hartt, Cassandra	Limb difference, Mental Health
The Secret Life of Kitty Granger	Falksen, G.D.	Neurodivergence
The Silence Between Us	Gervais, Alison	Deafness
The Spectrum Girl's Survival Guide	Castellon, Siena	Autism spectrum
The State of Grace	Lucas, Rachel	Autism spectrum
The Survival List	Sheinmel, Courtney	Depression, Suicide
The Thing with Feathers	Hoyle, MCall Hoyle	Epilepsy
This is My Brain in Love	Gregorio, I.W.	Depression, Anxiety
True Biz	Sara Novic	Deafness
Turtles All the Way Down	Green, John	OCD
Unbroken: 13 Stories Starring Disabled Teens	Nijkamp, Marieke	Disabilities
Unseelie	Ivelisse Houseman	Autism
When my Heart Joins the Thousand	Steiger, A. J.	Multiple disabilities, Autism spectrum
When the Stars Lead to You	Davis, Ronni	Depression
When We Collided	Lord, Emory	Depression
When We Make It	Velasquez, Elisabet	Trauma
Wild and Crooked	Thomas, Leah	Cerebral Palsy
Words in My Hands	Asphyxia	Hearing impaired
Words We Keep, The	Erin Stewart	Anxiety, Depression
You're Welcome, Universe	Gardner, Whitney	Deafness

*Not all titles will be available in every library building, but are easily ordered from another MontCo Library.